

Natalie's Resources to Dive in Further

This list is meant to be a companion to Natalie's Volunteer Manual. All of these sources were either given to me by trusted sources or I read or watched myself. I believe that they all present a disability image that reflects what this manual is about. This section could be used in two ways. First, it could be used in conjunction with one of the chapters above. You could choose a book, video, or text and read or watch it, and then read the relevant chapter from this manual. This way you would get the information in multiple formats, from multiple people. Second, you might be interested in a particular topic or just be looking for something to watch/read. I would recommend just reading through this list and seeing what titles stand out to you. The last thing that I want to note is that I have marked some of my favorite articles with a *. I certainly have some favorite titles and I wanted to make note of sources that I draw from frequently or really enjoy.

Chapter 4: What is Disability?

Book

- *Demystifying Disability: What to Know, What to Say, and How to be an Ally* by Emily Ladau*
- *Claiming Disability: Knowledge and Identity* by Simi Linton
- *What can a Body Do? How we Meet the Built World* by Sara Hendren

Academic Article

- *Labeling mental illness: The Effects of Received Services and Perceived Stigma on Life Satisfaction* by Sarah Rosenfield
- *The Individual and Social Models of Disability* by Mike Oliver
- *Social Models of Disability and Other Life Strategies* by Tom Shakespeare

Video

- *What is the Social Model of Disability? - Scope video* (access here: <https://www.youtube.com/watch?v=0e24rfTZ2CQ>)*
- *Social Model of Disability* (access here: https://www.youtube.com/watch?v=24KE_OCKMw)
- *How much do you know about intellectual disabilities? | Matthew Williams | TEDxVancouver* (access here: <https://www.youtube.com/watch?v=BURbLmQL1BE>)

Website

- *Becoming Disabled* in the New York Times (access here: <https://www.nytimes.com/2016/08/21/opinion/sunday/becoming-disabled.html>)*

- *Compare and Contrast Different Models of Disability* in Disability in Public Health (access here: <https://disabilityinpublichealth.org/1-1/>)
- Cities for All Learning Modules (access here: <https://cities4all.org/learning/>)
- To Deny or Not to Deny Disability - What is disability? (access here: <https://www.independentliving.org/docs1/finkelstein.html>)*
- ADHD sucks, but not really | Salif Mahamane | TEDxUSU (access here: <https://www.youtube.com/watch?v=fWCocjh5aK0>)

Chapter 5: Vocabulary

Book

- *Intersectionality* by Patricia Collins and Sirma Bilge*

Video

- *Why I Hate Being Called "Differently Abled"* (access here: <https://www.youtube.com/watch?v=0n8d9U5xRro>)
- Is It Okay To Say Disabled? What Is Ableism? What is Disability? Featuring Keah Brown (access here: <https://www.youtube.com/watch?v=OR7o4NFcfZI>)
- Intersectionality & Disability, ft Keri Gray, the Keri Gray Group [#DisabilityDemandsJustice](#) (access here: <https://www.youtube.com/watch?v=p2XN0CQazr0>)*

Website

- *The Defense of Black Lives Must Include Disability Justice* in The Root (access here: https://www.theroot.com/the-defense-of-black-lives-must-include-disability-just-1844520431/amp?utm_medium=sharefromsite&utm_source=theroot_twitter&twitter_impression=true)
- *Identity-First Language* from the Autistic Self-Advocacy Network (access here: <https://autisticadvocacy.org/about-asan/identity-first-language/>)*
- *Disability Language Style Guide* (access here: <https://ncdj.org/style-guide/>)
- *How to avoid using ableist language* (access here: <http://deareverybody.hollandbloorview.ca/wp-content/uploads/2018/08/DearEverybodyTipsonAbleistLanguage2018-19.pdf>)

Chapter 6: Neuroscience of Disability

Book

- *Defining Mental Disorders: Sociological Investigations into the Classification of Mental Disorders* pp. 45-65 in the Handbook of the Sociology of Mental Health. 3rd. Edition. by Owen Whooley

Academic Article

- *The Ideology of Neuroscience and Intellectual Disability: Reconstituting the 'Disordered' Brain* by Niklas Altermark

Video

- *2-Minute Neuroscience: The Neuron* (access here: <https://www.youtube.com/watch?v=6qS83wD29PY>)
- *The Brain* (access here: <https://www.youtube.com/watch?v=kMKc8nfPATI>)

Website:

- *A Beginner's Guide to Neuroscience* in IMotions (access here: <https://imotions.com/blog/beginners-guide-neuroscience/>)
- *Neuroscience Core Concepts* in BrainFacts (access here: <https://www.brainfacts.org/core-concepts>)

Chapter 7: US History

Book

- *A Disability History of the United States* by Kim Nielsen*
- *Becoming Citizens: Family Life and the Politics of Disability* by Susan Schwartzberg
- *Encyclopedia of American Disability History* by Susan Burch
- *A History of Mental Retardation in America* by James Trent
- *Inventing the Feeble Mind: A History of Mental Retardation in the US* by James Trent
- *Allies and Obstacles: Disability Activism and Parents of Children with Disabilities* by Allison Carey
- *On the Margins of Citizenship: Intellectual Disability and Civil Rights in 20th Century America* by Allison Carey*
- *Unspeakable: The Story of Junius Wilson* by Susan Burch and Hannah Joyner
- *Accessible America: A History of Disability and Design* by Bess Williamson
- *The Ugly Laws: Disability in Public* by Susan Schweik

Academic Article

- *Native American Worldview and the Discourse on Disability* by Lavonna Lovern*
- *Disability and the Justification of Inequality in American History* by Douglas Bayton
- *Writing (with) a Movement from Bed By: Piepzna-Samarasinha*

Video

- *Where's Molly*
- *Crip Camp: A Disability Revolution**
- *Children Limited* (access here: <https://arcwa.org/our-history/children-limited/>)
- *Lives Worth Living*
- *Our Fight for Disability Rights -- And Why We're Not Done Yet* (access here: <https://www.youtube.com/watch?v=uJr4wGcLNsA>)
- *A Brief History of the Disability Rights Movement* (access here: <https://www.youtube.com/watch?v=cNYhFDpAhtk>)

Website

- *'Nothing About Us Without Us': 16 Moments in the Fight for Disability Rights* in the New York Times (access here: <https://www.nytimes.com/2020/07/22/us/ada-disabilities-act-history.html>)*
- *A Century of Change: Milestones in the History of Intellectual Disability* created by the Pennsylvania Waiting List Campaign (access here: <http://pawaitinglistcampaign.org/wp-content/uploads/2016/01/story-of-intellectual-disability-timeline.pdf>)*
- *One Out of Five: Disability History and Pride Project* (access here: <https://www.oeo.wa.gov/en/education-issues/one-out-five-disability-history-and-pride-project>)
- *"Disability Justice" is Simply Another Term for Love* (access here: <https://leavingevidence.wordpress.com/2018/11/03/disability-justice-is-simply-another-term-for-love/>)
- *Disability History Museum* (access here: <https://www.disabilitymuseum.org/dhm/lib/overview.html>)
- *The Disability Rights and Independent Living Movement* (access here: <https://bancroft.berkeley.edu/collections/drilm/>)
- *History of Disability Justice* (access here: <https://projectlets.org/disability-justice>)

Chapter 8: Global Disability

Book

- *Disability and International Development* by David Cobley*

Academic Article

- *Practices and discourses of Ubuntu: Implications for an African model of disability?* By Berghs
- *Peripheral Everywhere* by Charlton
- *Everyone Here Spoke Sign Language* by Groce
- *'No disabled can go here...'* How Education Affects Disability and Poverty in Malawi by Grocen and Loeb
- *Contextualizing disability: Developing Southern/Global Theory* by Meekosha
- *Public awareness, attitudes and beliefs regarding intellectual disability: A systematic review* by Katrina Scior
- *Perceptions about intellectual disability: A qualitative study from Vellore, South India* by Edwardraj et al.
- *The experiences of children with intellectual and developmental disabilities in inclusive schools in Accra, Ghana* by Okyere et al.*

Video

- *Dr. Víctor Pineda: A Call for "Radical Inclusion" of Persons with Disabilities* (access here: <https://www.youtube.com/watch?v=Vw4oK-ax9yk>)

Website

- *Naked, Covered in Ram's Blood, Drinking a Coke, and Feeling Pretty Good* in Esquire (access here: <https://www.esquire.com/news-politics/news/a27628/notes-on-an-exorcism/>)*
- *Disability Inclusion* in the World Bank (access here: <https://www.worldbank.org/en/topic/disability#:~:text=Results-.One%20billion%20people%2C%20or%2015%25%20of%20the%20world's%20populati,on%2C,million%20people%2C%20experience%20significant%20disabilities.>)

Chapter 9: Disability-Related Laws

Book

- *Being Heumann: An Unrepentant Memoir of a Disability Rights Activist* by Judy Heumann (also a young readers version)*
- *Disabled Rights: American Disability Policy and the Fight for Equality* by: Jacqueline Vaughn Switzer
- *Disability Law and Policy* by Peter Blanck

Video

- Crip Camp: A Disability Revolution*
- How the ADA Changed the Built World (access here: <https://www.youtube.com/watch?v=5aiFVhXSvgc>)
- Employment Accommodations (access here: <https://www.youtube.com/watch?v=TDWEp070PoE&t=51s>)

Website

- *Disability Rights Washington* (<https://www.disabilityrightswa.org/>)*
- *Disability Rights Washington Special Education Resources Page** (<https://www.disabilityrightswa.org/publications/special-education-resources/>)
- *Developmental Disability Ombuds* (<https://ddombuds.org/>)*
- *ADA National Network* (<https://adata.org/>)
- *Northwest ADA Center* (<https://nwadacenter.org/>)
- *Special Education Support Center* (<https://specialeducationsupportcenter.org/>)
- *Washington Office of Superintendent of Public Instruction, Resources for Navigating Special Education** (<https://www.k12.wa.us/student-success/special-education/family-engagement-and-guidance/need-assistance>)

Chapter 10: Stereotypes of Disability in Popular Culture

Book

- *Disability Visibility: First-Person Stories from the Twenty-First Century* by Alice Wong*

- *Representing Youth with Disability on Television: Glee, Breaking Bad, & Parenthood* by Dana Hasson
- *About Us: Essays from the Disability Series of the New York Times* by Peter Catapano & Rosemarie Garland-Thomson

Academic Articles:

- The "Ransom Notes" Affair: When the Neurodiversity Movement Came of Age by Joseph Kras
- *Arts as Epistemology: Enabling Children to Know What They Know* By: Karen Gallas

Video

- *Inspiration Porn and the Objectification of Disability: Stella Young* (access here: https://www.youtube.com/watch?v=SxrS7-l_sMQ)*
- *Shameless: The Art of Disability* (access here: <https://www.cultureunplugged.com/documentary/watch-online/play/51065/SHAMELESS-The-ART-of-Disability>)
- *Aspergers Are Us* (available on Netflix)
- *Physically Being Me - Six Stories from Deaf and Disabled Dancers* (access here: <https://www.youtube.com/watch?v=FevInDRrWSU>).
- *Progression: Beth's Story* (access here: <https://vimeo.com/103951685>)

Website

- *I Use a Wheelchair. And Yes, I'm Your Doctor.* in the New York Times (access here: [nytimes.com/2017/12/06/opinion/doctor-wheelchair-disability.html](https://www.nytimes.com/2017/12/06/opinion/doctor-wheelchair-disability.html))*
- *Disability Representation Is Seriously Lacking In TV And Movies: Report* in the Huffpost (access here: https://www.huffpost.com/entry/disability-representation-movies-tv_n_5c9a7b85e4b07c88662cabe7#:~:text=ENTERTAINMENT-Disability%20Representation%20Is%20Seriously%20Lacking%20In%20TV%20And%20Movies%3A%20Report,the%20camera%20to%20be%20disabled.&text=People%20with%20disabilities%20are%20sorely,funded%20by%20the%20Ford%20Foundation.)
- *Disability Representation on TV Sees Signs Of Progress* in Disability Scoop (access here: <https://www.disabilityscoop.com/2020/03/09/disability-representation-on-tv-sees-signs-of-progress/27940/>)
- *Representation of disability in popular culture in 2020 – where are we now?* In Disability Horizon (access here: <https://disabilityhorizons.com/2020/09/representation-of-disability-in-popular-culture-in-2020-where-are-we-now/>)
- *Campaign on Childhood Mental Illness Succeeds at Being Provocative* in the New York Times (access here: <https://www.nytimes.com/2007/12/14/business/media/14adco.html>)
- *Where Great Art Transcends Disability* (access here: <https://www.theatlantic.com/health/archive/2012/12/where-great-art-transcends-disability/266184/>)
- *Communicating Across Barriers Few Could Imagine* (access here: https://www.nytimes.com/2009/04/19/arts/design/19kate.html?_r=3&pagewanted=all)

- *Rethinking Beauty & Visibility: Navigating Society's Beauty Standards While Raising My Disabled Child* (access here: <https://thebodyisnotanapology.com/magazine/rethinking-beauty-visibility-how-im-navigating-societys-beauty-standards-my-disabled-child/>)

Chapter 11: Major Intellectual Disability Related Organizations

Website

- *12 Organizations for People with Disabilities You Should Know* in Diversity Best Practices (access here: <https://www.diversitybestpractices.com/12-organizations-for-people-with-disabilities-you-should-know>)
- *32 Disability Related Organizations Worth Bookmarking & Supporting* in Unpacking Disability (access here: <https://www.meriahnichols.com/organizations-disability/>)

Chapter 12: Allyship, Advocacy and Self-Advocacy

Video

- *A guide to lifelong allyship* | Catherine Hernandez | TEDxToronto (access here: <https://www.youtube.com/watch?v=g3D-5-2EqHI>)
- *How To Be A Better Disability Ally with Daphne Frias* | I Weigh x Jameela Jamil (access here: <https://www.youtube.com/watch?v=R2jluFJRn18>)
- *10 Self-Advocacy Tips for Young People with Disabilities* (access here: <https://www.youtube.com/watch?v=Lb-BhtZHvWk>)*
- *Self Advocacy* (access here: <https://www.youtube.com/watch?v=TAfOrmlqclU>)
- *The Awesome Mary Show: How To Be a Self Advocate* (access here: <https://www.youtube.com/watch?v=hRKWSHkbgNw>)

Website

- *Autistic Self-Advocacy Network* (access here: <https://autisticadvocacy.org/>)
- *Allyship - The Key To Unlocking The Power Of Diversity* in Forbes (access here: <https://www.forbes.com/sites/shereeatcheson/2018/11/30/allyship-the-key-to-unlocking-the-power-of-diversity/?sh=119e830649c6>)
- *Self-Advocacy and Leadership* in The Arc (access here: <https://thearc.org/position-statements/self-advocacy/>)
- *A TOAST STORY* in Pacific Standard (access here: <https://psmag.com/social-justice/toast-story-latest-artisanal-food-craze-72676>)*